

JOURNEY TO FREEDOM

UNIT V REVIEW

1. What problems in your life have you cleaned up since you began the program?

2. What problems do you still need to clean up?

3. What do you feel are your spiritual gifts and calling at this time? How have you adjusted your life in order to use your gifts and obey your calling?

4. How have your personality and priorities changed since you began the program?

5. Do you have a prayer/fellowship/support/accountability group with others of the same sex, with whom you can freely discuss your temptations? If so, in what ways are they helpful to you?

6. Which of the fruits of the Spirit as listed in Galatians 5:22-23 do you see in your life?

7. On a scale of 1-10, 10 being the most sensitive, and 1 the least, how much more sensitive to your sins has your conscience become since you began the program? Please explain your answer.

8. How often do you examine yourself for sin? Check which apply.

_____ when I get into trouble, I ask myself how I got there

_____ when I read or hear something that makes me think

_____ when someone confronts me

_____ when an issue comes up in church, Bible study, or my prayer group

_____ when I see someone else sinning, I wonder if I have been doing the same thing

_____ when I feel tempted

_____ daily

_____ when I catch myself thinking negative thoughts

_____ when I feel a negative emotion, I scan my mind for a lie of the devil

_____ other

Please explain your answer.

9. Is there anything with which the devil still torments you? Please explain your answer.

10. How well are you obeying Philippians 4:8? Please explain your answer.

11. How well are you obeying I Thessalonians 5:16-22? Please explain your answer.

12. How would you describe the changes in your life since you began the program?

Check which apply.

☐ they are almost unnoticable

☐ there are some changes, but not consistent

☐ others notice and make favorable comments

☐ the changes are so great that they amaze even me

Please explain your answer:

13. Do you think marriage will be an option for you? Or do you see yourself living as single and celibate? (This question assumes marriage to a member of the opposite sex.)

14. How frequently do you still experience ssa/ma/tx temptations?

15. How do you deal with them?

16. On a scale of 1-10 (1 is lowest, 10 is highest), how close do you feel to freedom?

Please explain your answer.

17. What do you feel the Lord is telling you to focus on in the foreseeable future?

18. On a scale of 1-10, how often and consistently do you praise the Lord?

19. How well do you praise the Lord when things seem to go badly?

20. As you finish this last Key in the program, is there anything else you would like to share?